

# SELF-DEFENCE FOR TAEKWONDO



- Learn real-world self-defence from Hapkido, Krav Maga and BJJ
- Integrate street-ready techniques and a strong mindset into your Taekwondo skillset
- Includes hand-to-hand, hand-to-weapon and improvised weapons



## Master Florian Joo

6th Dan Taekwondo  
5th Dan Hosinsul  
3rd Dan Hapkido  
3rd Dan TukKong Moosool  
Instructor Krav Maga  
Blue Belt Brazilian Jujitsu



Self-defence is Florian's passion within his 35 years' of martial art experience. In addition to Taekwondo, he has attained Dan rankings in the self-defence-centric martial arts of Hapkido and TukKong Moosool in addition to his certification as a Krav Maga instructor. As a highly experienced and empowering instructor, Florian will teach how to enhance the Taekwondo skillset through street-ready self-defence training.

Contact him to conduct a seminar in your dojang.

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