

HAPKIDO SEMINAR



- Gain an understanding of Hapkido's effective self-defence techniques
- Learn a mixture of strikes, joint locks and throws for effective self-defence
- Other martial arts welcome to enquire for a Hapkido seminar



Master Florian Joo

6th Dan Taekwondo
4th Dan Hapkido
4th Dan TukKong Moosool
Instructor Krav Maga
Blue Belt Brazilian Jiujitsu



Master Florian is a highly experienced second-generation martial arts instructor including Master Instructor in Hapkido. His father was a drill sergeant and martial art trainer to the US Marines while serving in the Republic of Korea Army. Hapkido offers a blend of techniques with a strong focus on self-defence and is extensively utilised by police forces and militaries in South Korea and other parts of the world. It has ancient roots with modern applications for personal protection.

Contact him to conduct a seminar in your martial art school.

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